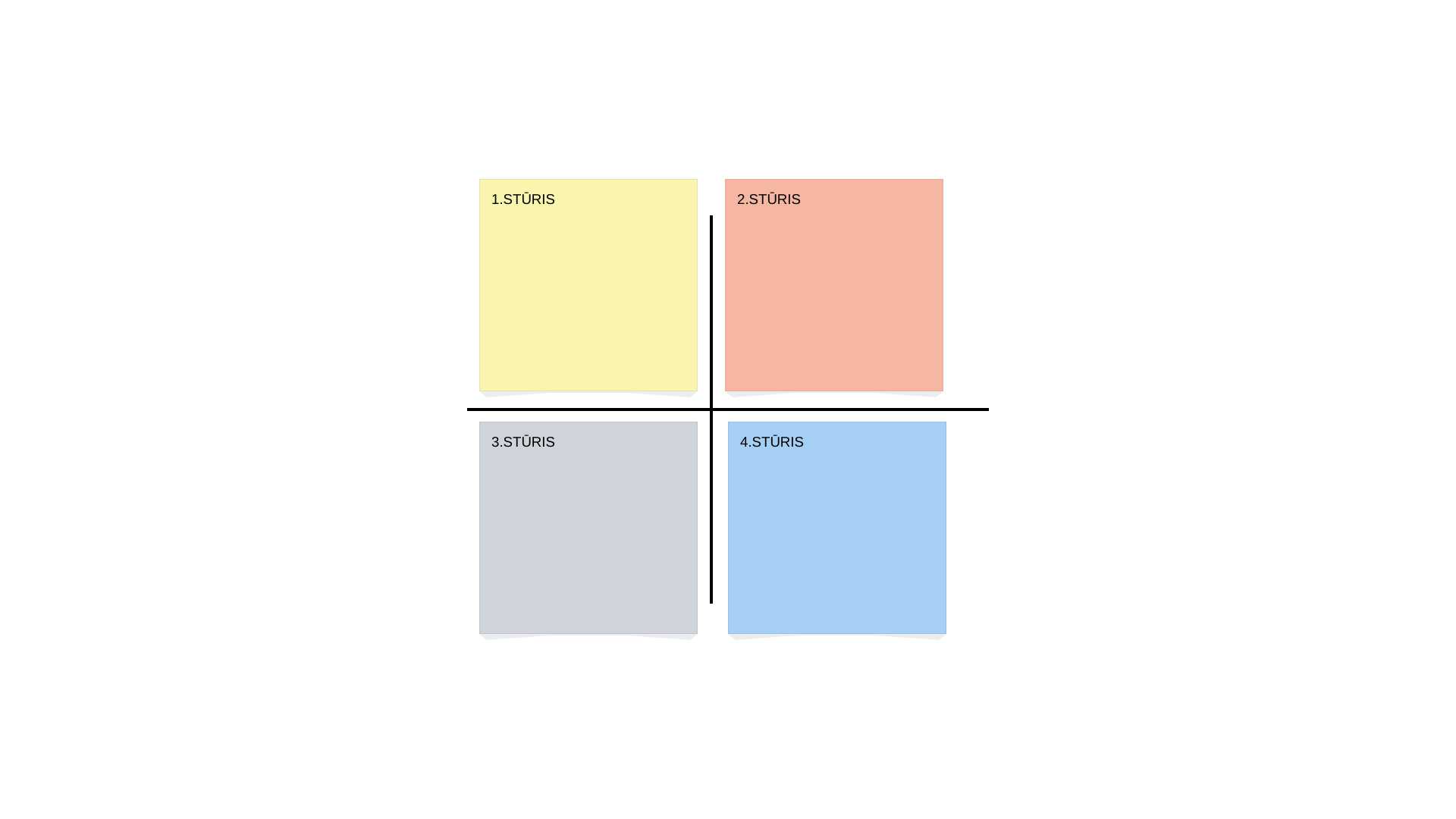


When finding yourself in a situation where you are out of your comfort and safety zone, you must keep calm as that will help you act adequately and consciously help get yourself back to safety. Firstly, you have to find shelter or make one, where you can spend the night. Analyze the environment around you. Maybe nature itself is offering you a shelter of trees, caves, a mound of earth etc. anything of which can be used to shelter you from wind, rain and from creatures of the woods. Of course, analyzing the threats of such habitat must be critical, knowing and understanding what threats you are exposed to in the location you have based and what you have to protect yourself from. Also it is important to think of how you could signal your location for help to arrive. There are many ways to do so like - signaling with smoke from the fireplace, self reflective objects, or various sounds signals. What other signaling are you aware of?

Attēls, kurā ir metāla piederumi, slēdzene

Apraksts ģenerēts automātiski