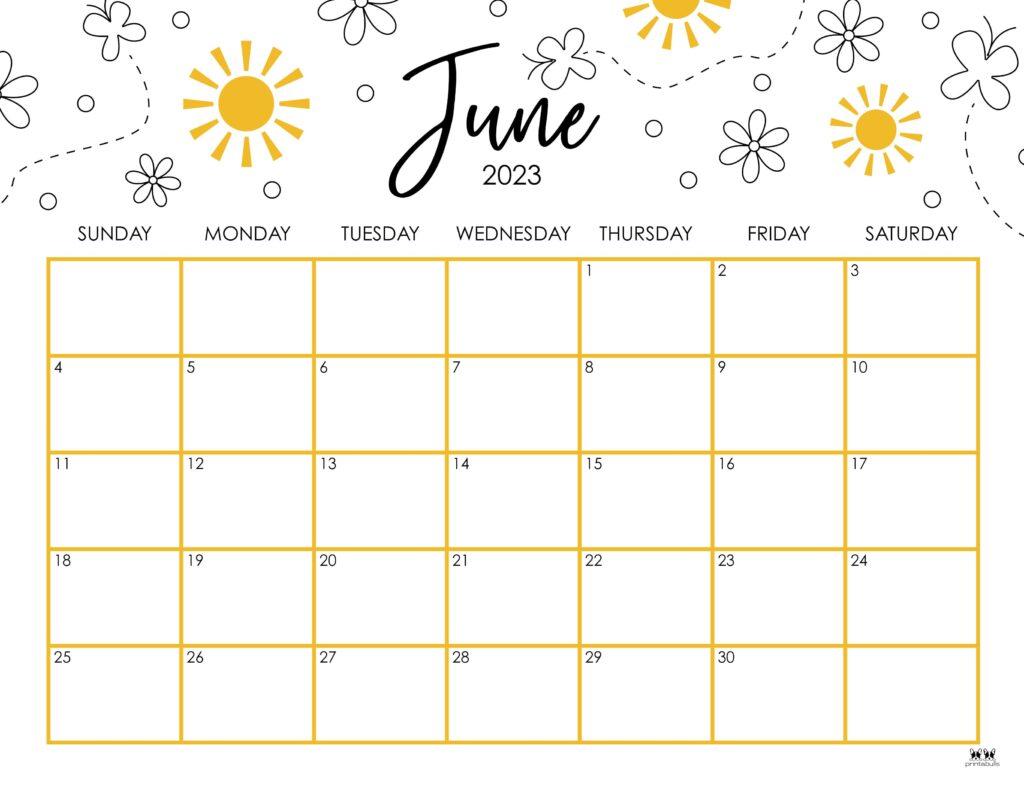


**Vēstule**

Letter

Knowingly, or by chance of different circumstances you have been lost or found yourself in a situation that is unfamiliar to you - you must keep calm and not panic and keep a clear head. This is a skill to be learned and developed. Not being able to control your emotions and state of mind can lead to an unfortunate chain of events. And this is not to scare anyone but to inform you of possibilities. Now I will be speaking of surviving in the wild, and we are fortunate to have the time and chance to prepare accordingly for this adventure. There are four main things to remember for this, which are - **P**ROTECTION, **S**AFETY, **W**ATER, **F**OOD. You must be prepared in a way that it is easy for you to get around which means only light packing with no extra carry ons.





on the side of the calendar wrote a formula: (P x S x W x F=?).